

6th Grade – Puberty – Boys

- Hormones
- Pituitary gland
- Estrogen
- Testosterone
- Acne
- Pubic Hair
- Male reproductive anatomy (penis, testicles, scrotum, urethra)
- Sperm
- Erection
- Nocturnal emission (wet dream)
- Self-esteem

6th Grade- Puberty – Girls

- Hormones
- Pituitary gland
- Estrogen
- Testosterone
- Female reproductive anatomy (uterus, ovary, fallopian tubes, vagina, cervix, eggs/ova)
- Ovulation
- Menstruation (menstrual period)
- Feminine Protection (sanitary napkins, tampons)