

7TH Grade – Abstinence (Boys & Girls)

- . Abstinence
- . Birth control methods (i.e. condoms) are not 100% effective. Only abstinence can guarantee freedom from an unwanted pregnancy or STD.
- . Sexually transmitted diseases can result from sexual intercourse.
- . Taking a stand against sexual pressure
- . Personal boundaries
- . How to say “no”
- . Assertiveness skills
- . Sexting / Social Media Safety