

October 2020

Dear Mt. Olivet Families,

This school year is certainly different than others, your child may be sent home more frequently due to illness than years prior. First, we want you to know you can call the school with any questions or concerns as we transition back to school. We are here to help guide and ensure that our school is doing a great job keeping our students safe!

We want to take the time to make sure parents/guardians understand how important it is to be mindful of your child's symptoms this school year. Please do not send your child to school if they are feeling ill, that includes giving them medication for a fever and sending them to school. Should your child have a fever of 100.4°F or higher, they will not be allowed to participate in school for the day. Students should be fever free, for 72 hours without fever reducing medication prior to returning to school.

Listed below is CDC listing of COVID-19 symptoms. This is part of what your school will be using as a guide, and your child may be sent home based on their symptoms. **Please note, having just one of these symptoms does not mean your child has COVID-19, but there may be more to consider.**

The symptoms of COVID-19 are similar in adults and children and can look like other common illnesses, like colds, strep throat, or allergies. The most common symptoms of COVID-19 in children are fever and cough, but children may have any of these signs or symptoms of COVID-19:

- Fever or chills
- Cough
- Nasal congestion or runny nose
- New loss of taste or smell
- Sore throat
- Shortness of breath or difficulty breathing
- Diarrhea
- Nausea or vomiting
- Stomachache
- Tiredness
- Headache
- Muscle or body aches
- Poor appetite or poor feeding, especially in babies under 1 year old

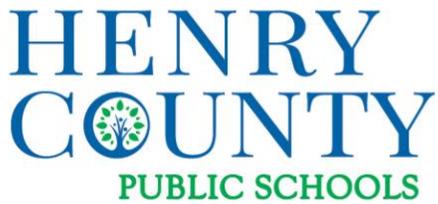
Tips and Tricks to Help Kids Wear Mask

- Explain in simple terms why kids should wear them
- Acknowledge their frustrations
- Practice wearing at home
- Stay positive and make it fun!
- Provide incentives when needed
- Be a role model!

cincinnatichildrens.org

CONNECT WITH US  @hcps_va  @HCPSVa  @hcps_va

<https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/children/symptoms.html>



Mt. Olivet Elementary School
Elizabeth Minter, Principal
255 Lancer Lane
Martinsville, VA 24112
(276) 638-1022
Fax: (276) 638-2281
www.henry.k12.va.us

We encourage you to remind your child how important handwashing is as well as covering coughs and sneezes, social distancing, and wearing masks. Also, please remember HCPS **will notify you** if your child has been exposed to a positive case of COVID-19. This is a stressful year for everyone, please be mindful your child may be feeling the stress as well. If you need resources to help discuss COVID-19 with them, call our office.

Sincerely,

Elizabeth Minter, Principal
Mt. Olivet Elementary School

